

# 6 YEARS IN A ROW

## CareFirst Dental ranked #1 for effective discounts<sup>1</sup>



**Effective discounts** measure the value of a carrier's network based on size, utilization and discounts.

**CareFirst ranks highest among 14 dental networks**—including national insurance carriers in Maryland, Washington, D.C. and Northern Virginia.<sup>1</sup> Key participants included:

Aetna  
Ameritas  
Cigna  
Delta Dental  
Dental Network of America  
Guardian  
MetLife  
Sun Life  
United Healthcare

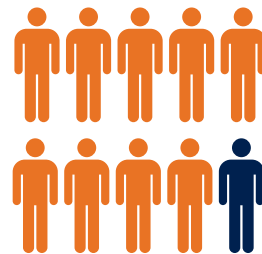
*CareFirst's Preferred Provider network plans ranked #1 for deepest effective discounts in MD, DC and VA with up to a 17% higher discount.<sup>2</sup>*



# 95%

of CareFirst's Preferred network providers are contracted at our deepest discount level.

**Choose from 123,000 unique providers and 300,000 access points nationwide.<sup>3</sup>**



**9 out of 10**  
CareFirst dental members  
utilize in-network providers.

<sup>1</sup> Out of 14 participants in the Dental Actuarial Analytics, LLC 2018 (formerly Ruark Consulting LLC, Dental PPO Network Study). Based on a provider network's overall value, effective discounts are determined by claims and their associated discounts with no adjustments made for variations in plan designs. Based on plans sold in Maryland, Washington, D.C. and Northern Virginia.

<sup>2</sup> Dental Actuarial Analytics, LLC 2018 Dental PPO Network Study. Discount is based on the straight average for the study.

<sup>3</sup> Unique providers based on all participating providers. The Dental GRID+ network, which is a service of GRID Dental Corporation, an independent company offering access to a dental provider network and services to CareFirst members. NovaNet is an independent company offering access to a dental provider network and services to CareFirst members.

